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**Current: Founder & CEO**  
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## ***Background***

- Nationality: Saudi Arabia
- Primary and secondary education in Saudi Arabia.
- Earn the B.A., M.S and Ph.D. degrees in Clinical Nutrition from Howard University U.S.A.
- (12 years ) D/Director Clinical Services & Consultant Parenteral and Enteral Nutrition at King Faisal Specialist Hospital & Research Center- Jeddah
- March 2016 –July 2018 (2 years and 4 months ) Assistant to CEO International Medical Center (IMC)
- Current : Founder and CEO Your Health Clinic

## ***Leaderships Certifications***

- **Keeping the lead by HEC 2014**
- **Effective Leadership Practices 2010**
- **Managing Organizational Change 2010**
- **Best Colleague award 2010 (King Faisal Specialist Hospital and Research Center)**
- **Certified from “The American College of Healthcare Executives” 2008**
- **JCIA 2008 for Chairing the Care of Patient Chapter**
- **JCIA 2005 Member in the Care of Patients Chapter**
- **1998-2001 Deans Honor Roll of College of Arts and Sciences**
- **Golden Key International Honor Society**
- **Certification from Howard University in Recognition of Excellence in Academic Performance**
- **Graduated in Excellence in 27, April 2001 at Howard University**
- **In September 2003, Alumni Achievement Award (Howard University)**

### **March 2016 to July 2018**

Assisting the CEO in overseeing both Medical and no medical services in the IMC.

- Worked on Increasing both quality and number of patient in OPD.
- Assisting All Medical Chairman's in improving department performance
- Improving work flow for ER
- Developing Dashboard for Executive management on most important indicators
- Improving patient satisfaction
- Member of the mega expansion projects

**February 2004 –March 2016 D/Director Clinical Services & Head of Clinical Nutrition King Faisal Specialist Hospital. Overseeing Anesthesia, Biomedical, Cathlab, Non-invasive cardiology, CSSD, Physical therapy, Radiology, Laboratory services, Respiratory Services, Dental lab, Dental Clinic Nutrition services, Ambulance services and Neurosciences. Summary of responsibilities:**

- Develops, implements and evaluates clinical operations policies and procedures and a system of staff communication that ensures coordinated implementation of plans of treatment and the utilization of necessary services for comprehensive care of the patient
- Interviews, hires and supervises medical and clinical staff
- Participated in the budgeting for patient-care expenses and monitors expenses related to patient/family services
- Serves as the clinical liaison with the executive director/agency manager
- Maintains JCI standards and Magnet
- Collaboration with the medical and nursing staff to ensure excellence in the care of all patients, accountability for patient satisfaction, and the most effective use of all resources (financial and physical).
- Collaboration with all clinicians and heads of medical services to ensure optimum patient satisfaction and physician directed, team managed patient care.
- Establishment and maintenance of a seamless system of clinical services to support the medical components of the patient care team in the provision of quality patient care.
- Improved clinical outcomes and patient satisfaction through the effective management of patients, including innovative state-of-the-art technologies.
- The formulation and development of administrative policies and regulations for the purpose of accomplishing the clinical Services' goals and objectives.
- Planning, budgeting, and performance measurements of Clinical Services using fact-based methodology and appropriate bench marking.

## ***Administrative Committee Members***

- **Chairman of the Year end Physical Inventory committee (since 2006-present).** This committee is in collaborate with auditing department and reporting directly to the CEO. **Main responsibilities include:** communicate with all hospital satellite stores with regards to the year-end physical count, evaluate the physical counting procedures for KFSHRC-Jeddah warehouse and sub store and assessment of overall control, measure the overall discrepancy rate that can be accepted as per the general organization guidelines and policy, and report all finding to the CEO
- **Chaired several investing committees**
- **Chairman of Operation Room Supply and Billing**
- **D/Chairman of Allied Health Quality Committee 2009-present**
- **Chairman of Supply management for OR, Cathlab, Anesthesia, Radiology, nutrition, and laboratory 2008-present**
- **Chairman of the Policy, Procedure and Forms committie-2008-present**
- **Chairman of JCI Care of patient (COP).** The task mainly monitors the care of patients in every department in the hospital-2008-2009
- **Disposable committee (disposables of items not needed by departments in the hospital)-2007-2010**
- **Standardization committee ( this committee focus on all new items introduced to the hospital)-2006-2010**
- **Research group.** This group is focuses on the education of staff and students on the methodology of research 2005-present.

## ***Clinical Nutrition Experience***

July 2004

- **Critical areas (Inpatients):** Expert in IV fluid management, parenteral and enteral nutrition. Covering different areas in critical care units include CSICU, MICU, NICU, PICU, and SICU. Monitoring electrolytes and fluids balance for critical ill patients
- **Non Critical areas (Inpatients):** Providing Consultation and Monitoring for Oncology, Internal medicine, Surgical, Neuro, and Cardiovascular patients
- **Outpatient:** Help establish the Weight management and rehabilitation center (out patients clinics) in King Faisal Hospital Jeddah. The center generated lot of revenue and more important helped several patients with chronic disease, which in turn help in saving lot of healthcare cost for the patients.
- Renal patients
- Providing Consultation and Monitoring growth & diet for infants, toddlers and adolescent
- **Ketogenic diet** for treatment of epilepsy (average of 30 annually)
- **Adult outpatient 3 clinics a week:** Mix cases concerning medical nutrition therapy (internal medicine) Most cases that visited our units were diabetic cases and obese patients. This includes type 1&2. For type 1, helped in developing plans for insulin/ Carb ratio plans and using several clinical tools to monitor the plan provided

### **Clinical Nutrition from 2001-2004 (Howard University Hospital 1050 beds)**

- Provided nutritional counseling for inpatients and outpatients with various medical conditions e.g. diabetes, hypertension (dealing with controllable risk factors), gout, renal failure, obesity, anemia (microcytic, macrocytic, pernicious and megaloblastic anemia), Cardiovascular disease, Cancer (monitoring patients under chemotherapy and preventing muscle wasting)
- Providing Consultation and Monitoring growth & diet for infants, toddlers and adolescents
- Food & drug interaction software
- Providing Consultation for Metabolic disease (MSUD, propionic academia and other metabolic cases) using software to provide accurate calculations and monitoring patients until goals are reached.
- Nutrition in critical care (MICU, SICU, NICU, PICU, CSICU)

### ***Public Outreach & Speaker for Different Events:***

- **Oman 2016 2015 December** Conducted a workshop in Nutrition for the critically ill & Management of Obese patients (provide 3 day intensive training for **Oman** ministry of health staff)
- **2015 September** Conducted a workshop in Nutrition for the critically ill (provide 3 day intensive training for **UAE** ministry of health staff)
- **215 October** Conducted a workshop in Nutrition for the critical ill (provide 3 day intensive training for **Kuwait** ministry of health staff)

- **Chairman of 2015 Jeddah WorkShop Topics (dealing with the Obese patients, Diabetic, Critically ill, parenteral enteral nutrition, enteral feeding)**
- **Nutrition Pediatric workshop, Hong Kong 2012**
- **Speaker in Kuwait Al-Amir Hospital May, 2011 for Nutrition in ICU**
- **Speaker in the 6 th Annual Respiratory Care Symposium Indirect Calorimetry**
- **Speaker at the 3th International Gulf Group for The study of Diabetes conference “ Insulin/CHO count”**
- **2010 Medical Nutrition Therapy- Hilton- Jeddah ( 15 speakers from ASPEN and ESPEN)**
- **TPN lecture in KFSHRC-Jed 2010**
- **2nd Medical Nutrition Therapy in adult and pediatric collaborate with European Society for Parenteral and Enteral Nutrition (ESPEN) Chairman and organizer- 2009 (550 attendees)**
- **Medical nutrition therapy in adult and pediatric Chairman and organizer- 2008 (300 attendees)**
- **Gastrointestinal- Jeddah 2008 as a speaker**
- **Parenteral nutrition in Adults and Pediatric Hilton Jeddah**
- **Nutrition support in Pancreatic patients**
- **Ketogenic diet for Treatment of Epilepsy**
- **Chairman Novartis Clinical nutrition Symposium with ESPEN 2006**
- **Oncology 2007 – Jeddah speaker**
- **Oncology 2006- Jeddah speaker**
- **Speaker PENZA 2009 Malaysia Nutrition in the Critical Ill Patients**
- **Oncology Patient and Family outreach KFSHRC 2006**
- **Hospital Grand Round 2006**
- **Speaker at the 2nd Annual Respiratory Care Symposium 2006**
- **Speaker in Hospital Grand Round (Nutrition and Cancer Update ) 2006**
- **“Save our Children” part of the organizing committee 2006**
- **Speaker 4th Annual International Women’s Health Update Conference 2006**
- **Oncology Public awareness award KFSH&RC**
- **Renal Patients Awareness education KFSHRC**
- **Speaker in Oncology National Guard Riyadh “Cancer Prevention & Early Detection 2006”**
- **Jeddah Nutrition School outreach program 2006**
- **Guest at Educational Tips program by KFSHRC Saudi TV channel 2 2006**
- **Media 2005- Present: Weekly Radio show on Jeddah FM, appearance on several Arab news channels every month, and writing in several news papers such Arab news and Al Watan.**
- **Nutrition Management of Diabetes Mellitus and Dysmetabolic Syndrome 2005 China (Hangzhou)**
- **Part of the organizing committee for Pharmacy community outreach 2005**
- **Organizers for the Keeping Your Heart Healthy 2005**
- **Oncology 2005 – Riyadh speaker**
- **Part of the organizing committee Pediatric Diabetes Awareness Day 2005**
- **Speaker at Diabetes Management Symposium 2005**